



Move More. Eat Better. Stress Less.
2018 Weight Loss – Steps Challenge
January 22 – June 1, 2018

We are beginning the process of planning the 2018 Lighten Up Onslow (LUO) Challenge. We invite you to participate by continuing your partnership, or consider becoming a LUO Sponsor or Partner.

Last year LUO communicated with almost 3,000 community members, and over a hundred businesses.

The Challenge engages participation through LightenUpOnslow.org and through weekly emails, advertising, area employers and partners, and [social media](#).

WHAT WE NEED FROM YOU

- Send us your offer/offers or interest in becoming a partner or sponsor to msscullin@marketimpactadv.com
- Send us your logo, statement and commitment to helping your community to get healthy, a link to your website, and your contact information.

Being a Lighten Up Onslow partner and/or sponsor shows your commitment towards a healthier community. Your sponsorship or partner benefits run from January 2- June 5, 2018 – June, 2018 and include exposure on the LightenUpOnslow.org website, in weekly emails, with area employers, and [social media](#).

Please complete the form attached with this email and email it to msscullin@marketimpactadv.com no later than **January 2, 2018**.

We appreciate your consideration in participating in this worthwhile challenge!

HELP ONSLOW MOVE MORE, EAT BETTER AND STRESS LESS!

Sincerely,
Maureen Scullin
The Lighten Up Onslow Team
Onslow Memorial Hospital